

2022-2023
School Health Advisory Council (SHAC)
Meeting Agenda

A Meeting of the Midlothian ISD School School Health Advisory Council will be held December 8, 2022, beginning at 8:31 AM via a Zoom virtual meeting: [click here](#)
ZoomMeet The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting Notice.

1. CALL TO ORDER

A. Announcement by the presiding officer that a quorum of members is present, that the meeting has been duly called, and that notice of the meeting has been posted in accordance with the Texas Open Meetings Act, Texas Government Code Chapter 551

2. INFORMATION ONLY

- A. Monique Burr Programming
- B. Aramark & MISD Food Service
- C. YES Programs for 22-23 School Year
- D. Future Meeting Dates

3. OPEN SESSION/ACTION ITEMS

- A. Hope Squad Program

4. ADJOURNMENT

On this 8th day of December, 2022.

Krista Tipton

The SHAC Meeting Minutes

12/08/22

1. Welcome– Krista Tipton called the meeting to order and welcomed everyone and introduced the speakers for the meeting.
2. Monique Burr Programming
 - Ellis County Children’s Advocacy Center, Leslie Deen, explained how the program was established for the curriculum and the current planning stages of the program.
 - Program is a prevention education program to help and protect children from all types of bullying, abuse, and victimization.
 - Shared program link: <https://www.mbfpreventioneducation.org/>
3. Aramark & MISD Food Service
 - Food Service Director, Colton Lawrence, discussed the last 2 years have provided free meals due to Covid. Now meals are no longer free, and they have seen a significant drop in meals being provided this year compared to last year.
 - Shared the requirements that food services are required to offer daily and weekly. District is 100% whole grain. Explained there are 5 components to a meal, and students have to take 3 components to qualify for a meal.
 - Shared how allergies are identified.
4. -- YES Programming
 - YES representative, Haley Perry, discussed Wellness Education and Motivational Experience, which is a newly combined program. Already initiated program in fall (K-2 grade): Super Friends with SuperPowers (Bullying Prevention) overview. Empowered (3-5 grade) program of Bullying Prevention and acts of kindness, with cyberbullying aspect added for this age group. Empowered (6th grade) Bullying program in the spring as well.
 - Programs planned for this spring: Aim for Success (7th grade), a sexual health program. Navigate (9th grade) mental health program. Power to Succeed (10th grade) with topics in drugs, alcohol, and prescription abuse. Freedom to Succeed (11th) sexual health. Focus on Success (12) Technology and will be doing it in the spring.
 - Upcoming parent meeting on January 9, 2023 for parents of 7th ,8th, 11th, and 12th graders at the administration building. This information will be communicated out via several campus level outlets.
5. Hope Squad
 - Hope Squad, presented by Sabra Golden, is a suicide prevention program. She explained what the program is, and that the parent will need to give consent for students to participate in, if we proceed.
 - Program involves students, and is a student driven program. Mrs. Golden is wanting to roll classes out to 7th grade to give students coping skills.
 - Link to program: <https://hopesquad.com/>

–Cassie Street, with Ellis County Children’s Advocacy Center, shared a free mental health first aid class to help teach how to respond to a mental health crisis. Link to free class: <https://hopesquad.com/>

–Golden opened it up to a vote. Majority vote for ‘yes’. Link to vote: <https://www.mentimeter.com/app/presentation/alq7sugq1bpdigzxpwyugyrh0lip9z/p1w6bvicpk2t>

7. Future Meeting Date and Opened for Questions and comments

-Krista Tipton reviewed

– An opportunity for questions and comments was provided

8. Meeting adjourned at 9:25am on December 8, 2022.

Representatives in attendance:

Krista Tipton -Co-Chair
Sabra Golden - Co-Chair
Mo Howard-Parent Co-Chair
Wendy Hein
Abby Pate
Rachel Bryant
Mandy Berry
Leslie Deen
Christine Thorpe
Katie Tackett
Johnna Stinchcomb
Lauren Williams
Aubree Dottavio
Trevor Pinson
Cassie Street
Lonna Edwards
Hayley Perry
Kristen Bender
Colton Lawrence
Heather Beck
Krissie Ottinger
Kristin Vernon
Nicole Funchess
Beth Stokman
Gregg Scott
Tina Kickam
Delaney Wayland
Alyssa Thomas
Nicholle McChesney